



May 2014

For information on programs, services and upcoming events, please call 805-563-8820

What's Happening at HSB

Dear Friend of Hospice of Santa Barbara

Hospice of Santa Barbara is committed to its mission to care for anyone experiencing a life-threatening illness, or grieving the death of a loved one. We continually strive to refine our processes and structure to ensure that no one in our community will be untimely served, under-served, or not served at all because of increasing demands for our service. Hospice of Santa Barbara's Patient Care Services program offers a continuum of care that integrates our comprehensive programs into a seamless offering that supports our clients and patients in navigating the complexities of impending death or serious illness.

"My Back Yard" - May 14th, Solo Art Exhibition featuring Laurie MacMillan
[Read More](#)

Dia de las Comidas - July 11th, come support HSB by dining at one of 3 local restaurants
[Read More](#)

Spring Support Groups at HSB -
[Read More](#)

Save the Dates

August 13th

Paula Re Solo Art Exhibition

September 27th

Harvest for Hospice of SB

December 6th, 7th and 13th

Light Up A Life Ceremonies

Patient Care Services Program

Providing care for a loved one or living with a life-threatening illness without the help of external support is, at best, agonizing. Regardless of our place in life or socioeconomic situation, no one should have to travel this journey alone.

Teaming with physicians, frequent patient monitoring, patient education, and spiritual care are all key components of our Patient Care Services program. Our transdisciplinary team ensures continuity of care through collaboration, coordination and advocacy, as well as facilitating patient and physician communication to make sure treatment choices are consistent with the patient's wishes.

Patient Care Services Program provides:

- **Care Management:** helps the newly diagnosed and those with a life-threatening illness and their caregivers manage the impact of their condition by offering patient and family counseling and advocacy, connection to community resources, assistance in identifying care preferences, and help with advanced care planning.
- **Palliative Care:** supports those with advanced life-threatening illness currently in active treatment by supporting the patient and family in the management of physical and emotional pain, and enables the patient to make informed decisions about their goals of care.
- **Spiritual Care:** addresses life's last fears such as "How will I die?" "Why is this happening to me?" "What will I find after death?" that allow the dying a release from suffering and a

Did you know...

May is **National Geriatric Care Manager Month!**

Care management is a set of activities intended to **improve patient care and reduce the need for medical services** by helping patients and caregivers more effectively manage health conditions, and improve

quality of life.

Hospice of Santa Barbara's Patient Care Service Program provides **over 4,500 hours** of one-on-one direct service to our community annually.

\$40
for **40** years

Celebrating 40 years of service to the Santa Barbara community

100% of Hospice of Santa Barbara staff have made a donation in honor of our 40th anniversary.

New Donors

With sincere gratitude, we welcome our new donors. Without our generous donors it would be impossible for Hospice of Santa Barbara to continue fulfilling our mission of caring for those experiencing the impact of a life-threatening illness or grieving the loss of a loved one.

(4/1/14 - 4/30/14)

Lloyd Dallett

Diyana Dobberteen

Aileen Fitzgerald Boyce

Lisa Foley

Soledad N. Hess

Judy Johnson

Ana Luna

Jessica Paredes

Chelsea Stevenson

Blair Suding

Town & Country
Women's Club of

certain grace in their final days.

- Volunteer Services: offers respite help to those overwhelmed by caregiving and improves quality of life for patients with companionship and friendship.

Concurrent care like that provided by HSB's **Patient Care Services Program** is proven to positively impact our community by:

- Increasing patient comfort during the last two weeks of life.
- Increasing end of life discussions.
- Providing better long-term caregiver outcomes.
- Decreasing hospital re-admissions and emergency department visits.
- Building stronger patient-physician relationships.
- Decreasing the drain on our community's medical resources.

The **Patient Care Services Program** is the only program in Santa Barbara that provides these services at no charge to those living with grave illness and to those newly diagnosed with a pivotal condition. Without our program, those in the most fragile of situations would have nowhere to turn for free professional and assessment services which are essential to optimum care, patient dignity and the well-being of the community. Other agencies require a six month prognosis or the discontinuation of curative treatment to receive services, HSB serves anyone impacted by a life-threatening illness.

To support our Patient Care Services Program, and other HSB services provided to the Santa Barbara Community, please [click here](#).

Meet Our Staff!



Tianna Swede-Laskin
Care Manager/Community Liaison

Tianna Swede-Laskin, MSW, serves as Care Manager and as a liaison with the local medical community and various social service agencies in the Santa Barbara community. She has significant experience as a social worker in a variety of social service organizations and more than 8 years combined service with Hospice of Santa Barbara. Her passion for her work is deeply felt by her patients and demonstrated by her comprehensive and nurturing quality of care.

Santa Barbara
Toyon Research Corp.

We would also like to acknowledge our new and renewing **Heart of Hospice** Supporters (annually renewable gift of \$1,000 or more)
(4/1/14 - 4/30/14)

Susan Cochran

Melinda Goodman

Jill & Barry Kitnick

Rene & Marisa Koke

Dorothy MacCulloch

Jackie Marston

Margaret Polsky

Arlene & Bill Radasky

Kurt & Nancy Ransohoff

Christiane Schlumberger

Dana & Randy
VanderMey

If you wish to become a new *Heart of Hospice* member or renew your membership, please contact K.C. Murphy Thompson at 805-563-8820 or [visit our website](#).

Like us on **Facebook** 

Follow us on **twitter**

View our profile on **Linked in** 

Find us on **Yelp** 

Of her work, Tianna says, "In end of life care, I believe above all else that it is the care manager's responsibility to remember it is our patient's story - not ours. We must uphold the sanctity of the patient's self determination and choices." Tianna adds, "It is about honoring and placing the needs of the patient and their family at the core and soul of our work."

Tianna holds a Bachelor's degree in Social Work from San Diego State University, and a Master's degree in Social Work from Fordham University.

Alternate Ways to Support HSB

All services at Hospice of Santa Barbara are provided free of charge. We rely on the generous support of the community to continue our work. You can support our programs at Hospice of Santa Barbara by:

- Sending us a personal story about how Hospice of Santa Barbara has affected your life to info@hospiceofsb.org for possible inclusion in future newsletters.
- Forwarding this newsletter to your friends and family.
- Following us on [Facebook](#) and [Twitter](#).

In-kind gifts have as much impact as a gift of cash. Some items currently needed are:

- Gift certificates for Community Supported Agriculture produce boxes to support healthy nutrition
- Gift certificates to "wash and fold" laundry services and/or dry cleaning
- Gas cards for transportation to and from medical appointments
- Drug store gift cards for personal and medical care items
- Petco gift cards to support a pet companion of those facing a life-threatening illness
- Grocery store gift cards for those experiencing financial hardship due to illness or death in the family

Create a lasting legacy by exploring some of the many charitable gift options by visiting our website or [click here](#).